

# Testosterone Nasal Gel Application Instructions



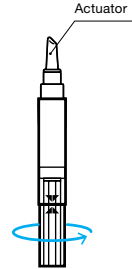
**1.**

Gently blow the nose.



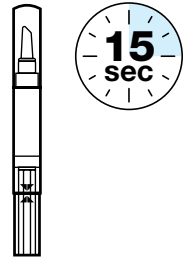
**2.**

Remove the cap from the applicator pen.



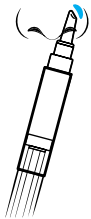
**3.**

Turn the lower portion of the pen on full rotation (8 audible clicks) to realign the arrows.



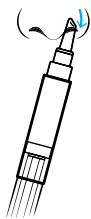
**4.**

Allow 10–15 seconds for the gel to fully exude from the applicator tip.



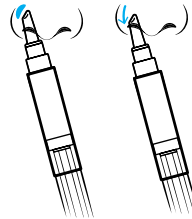
**5.**

Using a mirror, gently guide the pen tip into the nostril to make contact with the lateral wall of the nostril to ensure the gel is applied to the nasal wall.



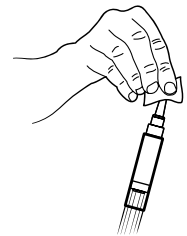
**6.**

Remove the actuator from the nostril while wiping the tip along the inside of the lateral nostril wall to fully transfer the gel.



**7.**

Repeat the process on the other nostril as directed.



**8.**

Use a clean, dry tissue to wipe the tip of the applicator. You may clean the tip with soap and water or an alcohol swab.



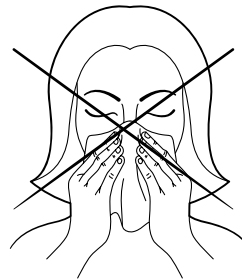
**9.**

Replace the cap on the applicator pen.



**10.**

Press the nostrils at a point just below the bridge of the nose and gently massage.



**11.**

Refrain from blowing the nose or sniffing for 1 hour after administration.